

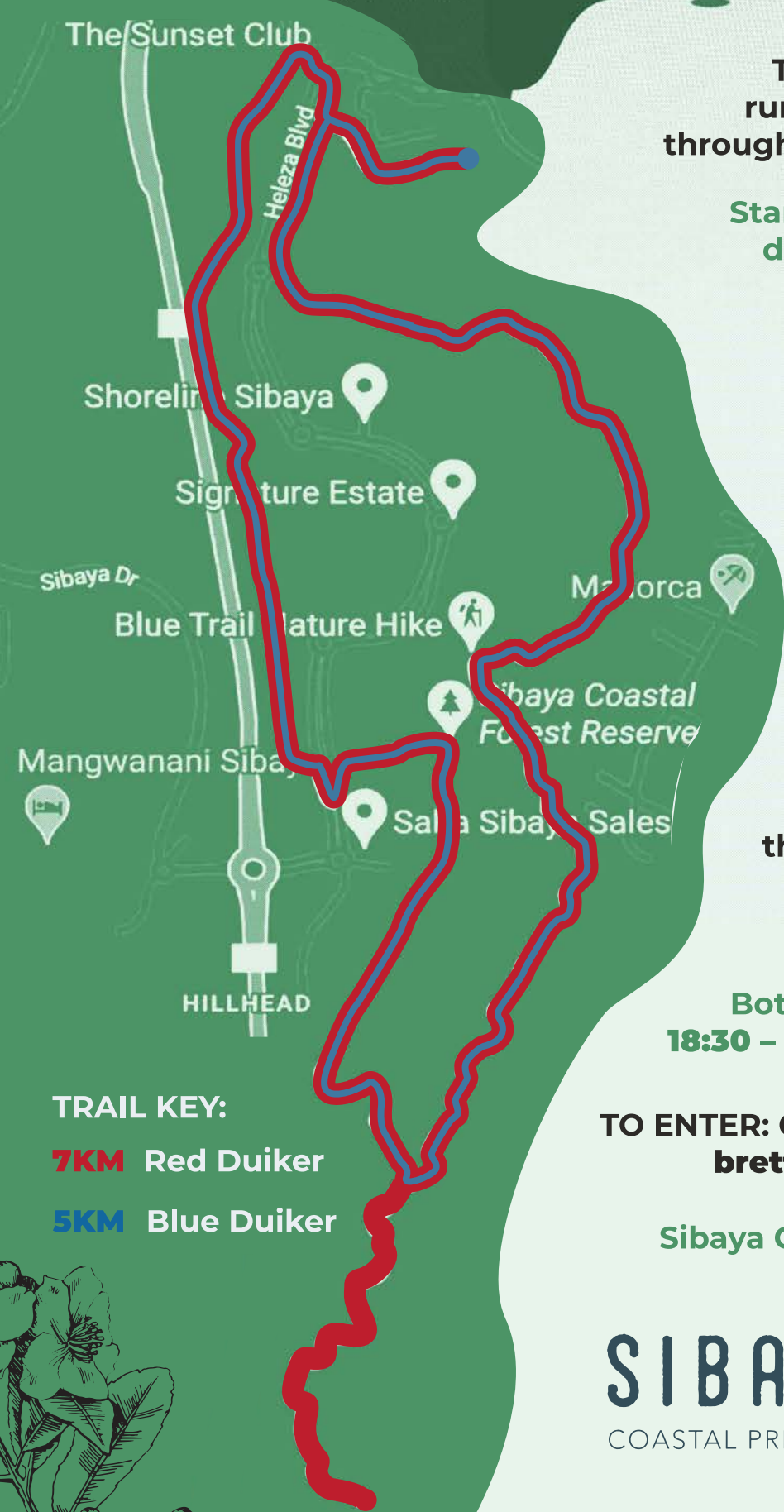


JOIN US FOR A FUN

# FOREST RUN OR WALK!



11 DEC 2023



TRAIL KEY:

**7KM** Red Duiker

**5KM** Blue Duiker

Take part in either the 5km run/walk or the 7km trail run through the Sibaya Coastal Forest

Start and finish: At the Sibaya dam (in front of Gold Coast)

Registration Time: **16:30**

Time: The 5 km walk/run starts at **17:15** and 7 km trail run starts at **17:30**

Cost per person:

**R150**

(includes donation of an indigenous tree/shrub to the precinct and a delicious burger and drink from the sunset club after)

Both runs to be completed by **18:30** – as trail is closed thereafter

TO ENTER: Contact Brett Campbell on [brett.campbell@rcffoods.com](mailto:brett.campbell@rcffoods.com)

Sibaya Control Room : 086 111 2050

**SIBAYA**  
COASTAL PRECINCT

